



Judy's Jumpin' Pumpkin Pie Green Drink

- 2 Collard Green Leaves
- 2 Bananas
- ½ C Sweet Potato (cooked or raw)
- 1 Tbs Yogurt or Sauerkraut
- 2 C Almond Milk
- 1 Tbs Whey (opt)
- 1 Tbs Pumpkin Seeds
- 1 Tsp Maca
- 1 Tsp Grated Orange Peel
- 1Tsp Ginger (fresh)
- 1 Tsp Hemp Seed Nuts
- 1 Tsp Pumpkin Pie Spice
- Ice Cubes (handfull)

Whirl away -- helps to have a Vita-Mix, but will work in a blender like a Nutribullet

2-4 servings